



Revised August 24th, 2021

2021 FALL TERM

Classes

All classes are age-based; however, some have prerequisites. H2O reserves the right to remove students from a class if they do not meet the prerequisites due to class management and safety reasons. For more information, visit www.h2oacademy.ca/classes.

Registration

Registration opens on **Friday, August 27th, 2021, at 3:00 pm**. All registration is done online through your account on www.h2oacademy.ca. If the class you want is full, please put your name on the waiting list as we may be able to adjust our schedule.

Weekly Class Dates

All classes are 30 minutes long and run for 12 weeks:

Class Day	First Class	Last Class	No Classes
Monday	September 13 th	December 6 th	October 11 th (Thanksgiving)
Tuesday	September 14 th	November 30 th	n/a
Wednesday	September 15 th	December 1 st	n/a
Thursday	September 16 th	December 2 nd	n/a
Saturday	September 18 th	December 11 th	October 9 th (Thanksgiving)
Sunday	September 19 th	December 12 th	October 10 th (Thanksgiving)

COVID-19

No swimsuit 🛼 no mask 😞 no vax 💉 no service.

At H2O Academy we take the health and safety of our staff and clients very seriously. For the 2021 Fall Term, we will only be allowing adults who are fully vaccinated (QR code or Government issued proof required, for e.g., military yellow card) to enter our facility to view classes & participate in parented classes. We will be increasing our viewing lounge capacity for parented classes, stay tuned for details.

This is a temporary change in our facility. The pandemic is not yet over, and the majority of our clients are not eligible for the COVID-19 vaccine – it is our duty to protect them & do our part to prevent a possible 4th lockdown with a looming 4th wave.

All classes are subject to be adjusted or cancelled due to COVID-19. If this is the case, families will be contacted. Please visit www.h2oacademy.ca/covid19 for information on all our protocols and control measures.

Weekly Class Schedule*(1x/week for 12 weeks)*

Class	Day	Time
Baby Splash (parented) <i>4 – 18 months</i> 5 students max per class \$279 + GST	Monday	9:00am-9:30am
		9:40am-10:10am
		10:20am-10:50am
		11:00am-11:30am
		11:40am-12:10pm
		12:20pm-12:50pm
		4:00pm-4:30pm
	Tuesday	9:00am-9:30am
		9:40am-10:10am
		10:20am-10:50am
		11:00am-11:30am
		11:40am-12:10pm
		12:20pm-12:50pm
		4:00pm-4:30pm
	Wednesday	10:00am-10:30am
		11:20am-11:50am
		12:40pm-1:10pm
	Saturday	9:00am-9:30am
		9:40am-10:10am
		10:20am-10:50am
		11:00am-11:30am
		11:40am-12:10pm
		12:20pm-12:50pm
		1:00pm-1:30pm
		1:40pm-2:10pm
		2:20pm-2:50pm
		3:00pm-3:30pm
		3:40pm-4:10pm
		4:20pm-4:50pm
	Sunday	9:00am-9:30am
		9:40am-10:10am
		10:20am-10:50am
		11:00am-11:30am
		11:40am-12:10pm
		12:20pm-12:50pm
Toddler Splash (parented) <i>19 – 36 months</i> (Age is extended to 3.5 years due to COVID-19 shutdowns) 5 students max per class	Monday	9:20am-9:50am
		10:00am-10:30am
		10:40am-11:10am
		11:20am-11:50am
		12:00pm-12:30pm
		12:40pm-1:10pm
		4:10pm-4:40pm

\$324 + GST		4:50pm-5:20pm
	Tuesday	9:20am-9:50am
		10:00am-10:30am
		11:20am-11:50am
		12:00pm-12:30pm
		12:40pm-1:10pm
		4:10pm-4:40pm
		4:40pm-5:10pm
	Wednesday	9:20am-9:50am
		10:40am-11:10am
		12:00pm-12:30pm
		4:00pm-4:30pm
		4:20pm-4:50pm
		4:40pm-5:10pm
	Saturday	9:20am-9:50am
		10:40am-11:10am
		11:20am-11:50am
		12:00pm-12:30pm
		12:40pm-1:10pm
		1:20pm-1:50pm
		2:40pm-3:10pm
		3:20pm-3:50pm
		4:40pm-5:10pm
	Sunday	9:20am-9:50am
		10:40am-11:10am
		11:20am-11:50am
		12:00pm-12:30pm
		12:40pm-1:10pm
Toddler Shark (parented) 24 – 36 months Must meet class pre-requisites. (Age is extended to 3.5 years due to COVID-19 shutdowns) 5 students max per class \$324 + GST	Monday	4:40pm-5:10pm
	Tuesday	10:40am-11:10am
		4:50pm-5:10pm
	Wednesday	5:00pm-5:30pm
	Saturday	10:00am-10:30am
		2:00pm-2:30pm
		4:00pm-4:30pm
	Sunday	9:20am-9:50am
Mini Splash 3 & 4 years old 3 students max per class \$385 + GST	Monday	9:10am-9:40am
		10:30am-11:00am
		11:30am-12:00pm
		11:50am-12:10am
		12:30pm-1:00pm
		12:50pm-1:20pm
		4:20pm-4:50pm
		4:30pm-5:00pm
		5:00pm-5:30pm
		5:20pm-5:50pm

	Tuesday	9:10am-9:40am
		9:30am-10:00am
		10:30am-11:00am
		11:50am-12:20am
		12:10am-12:40am
		4:20pm-4:50pm
		4:30pm-5:00pm
		5:00pm-5:30pm
		5:20pm-5:50pm
	Wednesday	9:00am-9:30am
		9:50am-10:20am
		10:20am-10:50am
		11:10am-11:40am
		11:40am-12:10pm
		12:20pm-12:50pm
		12:30pm-1:00pm
		4:10pm-4:40pm
		4:30pm-5:00pm
		4:50pm-5:20pm
		5:20pm-5:50pm
	Saturday	9:10am-9:40am
		10:30am-11:00am
		12:30pm-1:00pm
		1:10pm-1:40pm
		2:30pm-3:00pm
		3:50pm-4:20pm
	Sunday	9:10am-9:40am
		10:30am-11:00am
		12:30pm-1:00pm
		1:10pm-1:40pm
		1:40pm-2:10pm
		2:30pm-3:00pm
		3:00pm-3:30pm
		3:50pm-4:20pm
		4:20pm-4:50pm
Mini Shark 3 & 4 years old Must meet class pre-requisites. 3 students max per class \$385 + GST	Monday	10:10am-10:40am
	Tuesday	10:00am-10:30am
	Saturday	10:50am-11:20am
		1:30pm-2:00pm
	Sunday	9:30am-10:00am
Kid Splash 5 & 6 years old	Monday (7)	9:50am-10:20am
		10:50am-11:20am

3 students maximum per class \$385 + GST		11:10am-11:40am
		12:10pm-12:40pm
		5:10pm-5:40pm
		5:30pm-6:00pm
		6:00pm-6:30pm
	Tuesday (7)	9:50am-10:20am
		10:50am-11:20am
		11:10am-11:40am
		12:30pm-1:00pm
		12:50pm-1:20pm
		5:30pm-6:00pm
		6:00pm-6:30pm
	Wednesday (8)	9:10am-9:40am
		9:40am-10:10am
		10:30am-11:00am
		11:00am-11:30am
		11:50am-12:20pm
		12:20pm-12:50pm
		6:00pm-6:30pm
		6:10pm-6:40pm
	Saturday (6)	9:50am-10:20am
		11:10am-11:40am
		12:30pm-1:00pm
		1:50pm-2:20pm
		3:10pm-3:40pm
		4:30pm-5:00pm
	Sunday (9)	9:50am-10:20am
		11:10am-11:40am
		12:30pm-1:00pm
		1:00pm-1:30pm
		1:50pm-2:20pm
		2:20pm-2:50pm
		3:10pm-3:40pm
		3:40pm-4:10pm
		4:30pm-5:00pm
Kid Shark 5 & 6 years old Must meet class pre-requisites. 3 students maximum per class \$385 + GST	Monday	9:30am-10:00am
	Tuesday	11:30am-12:00pm
		5:10pm-5:40pm
	Wednesday	5:10pm-5:40pm
	Saturday	11:30am-12:00pm
		2:10pm-2:40pm
	Sunday	10:10am-10:40pm
		12:50pm-1:20pm
Novice Intro 7 & 8 years old	Monday	6:40pm-7:10pm
	Wednesday	6:40pm-7:10pm

2 students maximum per class \$480 + GST		
Novice Splash <i>7 & 8 years old</i> 3 students max per class \$385 + GST	Monday (2)	5:40pm-6:10pm 6:10pm-6:40pm
	Tuesday	5:40pm-6:10pm
	Wednesday (2)	5:40pm-6:10pm 6:50pm-7:20pm
	Saturday (4)	9:30am-10:00am 12:10pm-12:40pm 2:50pm-3:20pm
	Sunday (4)	10:50am-11:20am 1:20pm-1:50pm 2:00pm-2:30pm 4:00pm-4:30pm
Novice Shark <i>7 & 8 years old</i> Must meet class pre-requisites. 3 students max per class \$385 + GST	Monday	5:50pm-6:20pm
	Tuesday	5:50pm-6:20pm
	Wednesday	5:50pm-6:20pm
	Saturday	12:50pm-1:20pm 4:10pm-4:40pm
	Sunday	11:30am-12:00pm 4:40pm-5:10pm
Junior Intro <i>9 & 10 years old</i> 2 students max per class \$480 + GST	Monday	7:20pm-7:50pm
	Wednesday	7:30pm-8:00pm
Junior Splash <i>9 & 10 years old</i> 3 students max per class \$385 + GST	Monday	6:20pm-6:50pm 6:50pm-7:20pm
	Tuesday	6:10pm-6:40pm
	Wednesday	6:20pm-6:50pm
	Saturday	10:10am-10:40am 3:30pm-4:00pm
	Sunday	12:10pm-12:40pm 2:40pm-3:10pm
Junior Shark <i>9 & 10 years old</i> Must meet class pre-requisites. 3 students max per class \$385 + GST	Monday	6:30pm-7:00pm
	Wednesday	6:30pm-7:00pm
	Saturday	4:50pm-5:20pm
	Sunday	3:20pm-3:50pm
Tween Intro <i>11 & 12 years old</i> 2 students max per class \$480 + GST	Wednesday	7:20pm-7:50pm
Tween Splash	Monday	7:00pm-7:30pm

11 & 12 years old 3 students max per class \$385 + GST		7:30pm-8:00pm
	Wednesday	7:00pm-7:30pm
Tween Shark 11 & 12 years old Must meet class pre-requisites. 3 students max per class \$385 + GST	Monday	7:10pm-7:40pm
	Wednesday	7:10pm-7:40pm
Adult Learn 2 Swim 18+ 2 students max per class \$499 + GST <i>*We will be adding more classes</i>	Monday	7:50pm-8:20pm
	Wednesday	7:40pm-8:10pm
		7:50pm-8:20pm
Adult Skills & Drills 18+ 2 students max per class \$250 + GST	Monday	7:50pm-8:20pm
Aqua Zumba® Adults & Teens \$180 + GST for 12 classes \$20 for single class pass	Tuesday	6:45pm-7:30pm
		7:45pm-8:30pm
Mermaid Class 18+ \$180 + GST for 12 classes \$20 for single class pass	Wednesday	8:30pm-9:00pm
Private & Semi-Private 3 years old – adults Private lessons (1 teacher, 1 student) - \$60 per 30-minute class Semi-private lessons (1 teacher, 2 students) \$45 per student per 30-minute class (all students must be at the same ability, and H2O is not responsible for finding a partner to swim with for semi-private lessons).	Thursday	4:00pm-4:30pm
		4:20pm-4:50pm
		4:30pm-5:00pm
		4:40pm-5:10pm
		5:00pm-5:30pm
		5:10pm-5:40pm
		5:20pm-5:50pm
		5:30pm-6:00pm
		5:40pm-6:10pm
		5:50pm-6:20pm
		6:00pm-6:30pm
		6:10pm-6:40pm
		6:20pm-6:50pm
		6:30pm-7:00pm
		6:40pm-7:10pm
		6:50pm-7:20pm
		7:00pm-7:30pm
		7:10pm-7:40pm
		7:20pm-7:30pm
		7:30pm-8:00pm

		7:40pm-8:10pm
		7:50pm-8:20pm
	Sunday	1:30pm-2:00pm
		2:10pm-2:40pm
		2:50pm-3:20pm
		3:30pm-4:00pm
		4:10pm-4:40pm
		4:50pm-5:20pm